
H U M > N

Dancing HUMAN!

Ideas for a Community Dance Choreography

from Wilfried van Poppel and Amaya Lubeigt

HUMAN



HUMAN Thema HOME (HUMAN Premiere Bremen, 27.8.2021)

Following the HUMAN Community Dance premieres in Bremen and Brussels, this script now offers an overview of the choreographic ideas for the 13 HUMAN themes. It is written for all those who - in whatever contexts - would like to combine the HUMAN music with dance. This is precisely the idea of the initiator and composer Helge Burggrabe: to „move“ common visions of living together, in a multitude of senses and with the UN Human Rights in the background, using the universal languages of music and dance.

Everyone is invited to participate in HUMAN, as a Human Rights educational experience!

For his idea of a Dance version of the 13 HUMAN themes, Helge Burggrabe won Bremen choreographers Wilfried van Poppel (NL) and Amaya Lubeigt (ESP). Together with Nanni Kloke (NL) and Susan Barnett (GB/CH) they developed a choreography in the style of Community Dance for the HUMAN premiere. This was performed at the Theater Bremen in Bremen and at the Royal Flemish Theater in Brussels (August/September 2021).

People dancing together is the ideal way of engaging with each other in a spirit of openness, respect and acceptance

Wilfried van Poppel

Choreography HUMAN Dance Premiere and HUMAN school projects „Five days to dance“

The one-hour HUMAN music composition is conceived as a cycle of life. The 13 pieces of music are rich in nuances and insistently sound out the basic human processes and areas of tension. The themes are: Birth (1), Needs (2), Freedom (3), Equality (4), Sisterhood/Brotherhood (5), Love (6), Home (7), Protection (8), Work (9), Recreation (10), Creativity (11), Community (12), and Death (13). The respective opposites and tensions also resonate: freedom versus lack of freedom, protection versus defenselessness, equality and inequality, and in another central theme that affects and touches every human being, the idea of home or familiar versus foreign or unfamiliar, The HUMAN Music was recorded on CD/vinyl/digital by the renowned label EDEL Kultur/ Neue Meister under the baton of Duncan Ward.

With their own successful concept „Five days to dance“ and within the framework of the HUMAN International Culture Project, Wilfried van Poppel and Amaya Lubeigt are also developing the HUMAN project in schools in Europe and beyond (further information: contact@human-project.net).

HUMAN



WILFRIED VAN POPPEL

Dancer and Choreographer (i.e. Bremen Theatre), Initiator and Artistic Director of "DE LOOPERS-dance2gether", Initiator of the successful "Five days to dance" concept, Artistic Director of the HUMAN Community-Dance Choreography for the Premieres in Bremen and Brussels (2021)

AMAYA LUBEIGT

Dancer (i.e. with Urs Dietrich, Susanne Linke, Pina Bausch), Co-Initiator of the successful "Five days to dance" concept, Artistic Director of the HUMAN Community-Dance Choreography for the Premieres in Bremen and Brussels (2021).



www.de-loopers.eu

1 - BIRTH (5:12)

The first music piece is about life before birth, about new life that announces its forthcoming arrival, even before the heart of the unborn child begins to beat: something begins to develop that emerges into life and liberates itself from its place of origin.

Excerpt from the HUMAN CD Booklet on the music piece BIRTH

Similar to an overture, this piece is about preparation, guidance, and beginnings: a veil of sound in the strings, sinking from a high to ever lower registers, announces the start of new life before the heart of the unborn child begins to beat. The moment of birth approaches in waves of ever-increasing intensity, before dying away in a brief postlude.

Listen here to the BIRTH section of HUMAN:

<https://www.youtube.com/watch?v=NU6UfVraNQL>

Choreographic Premiere (guiding themes)

Like the beginning of life. A poetic image and the strength to initiate something:

One person lies in the centre, others crawl in from the sides of the stage, drawn towards this person.

Beginning, in silence:

- > A big cloth covers the stage, a person is lying underneath it.
OR - in the version without a cloth- a person sits on their knees in the centre, doubled over into a tight ball.
Very soft breathing movement with the arms.

As the music begins:

- > The breathing movement of the arms grows, bigger and bigger each time.
- > The dancers on the sides wait for the melody. They gradually enter from the sides, literally drawn in, responding to the gestures of the person in the centre. Lying on their backs they crawl backwards into the space. Like little worms. The person in the middle gathers in the cloth, little by little.